



# Cheer Sport Sharks

## Recreational Cheer

2017 - 2018  
Information Package

**1-888-25-CHEER**  
**info@cheersportsharks.com**  
**www.cheersportsharks.com**



# Welcome

Thank you for your interest in the Cheer Sport Sharks! We are so excited for you to enter the fun world of cheerleading!

At Cheer Sport Sharks we have a program for everyone! Our goal is to make sure every athlete feels accepted, inspired and challenged as part of our teal family. We passionately believe that we can mentor your children on the path towards becoming courageous, independent and kind young athletes inside and outside of the gym.

With over 1000 cheerleaders in four locations across Ontario, we are the largest program in the country with an international reputation as the premier gym of it's kind. Through all of this, we've stuck to our humble beginnings and kept the focus on developing our youth through this amazing sport.

## Why cheerleading?

- **Cheerleading is JAWsome because it is such an incredible community where you get to create lifelong friendships and have fun along the way.**
- **Recreational athletes in this sport will work towards developing skills such as tumbling, jumping, stunting and dance in a fun and safe environment.**
- **Cheerleading is the best sport because:**
  - **It develops strength, power, flexibility, endurance, body awareness & coordination**
  - **It improves self-esteem & self confidence**
  - **It is the perfect combination of dance & gymnastics**
  - **Working in a group environment helps one establish leadership & communication skills**
- **We have teams for ages 3 to 12 with developmental curriculum to meet every child's needs.**
- **Our one of a kind dynamic curriculum will fit every parent & child's needs and aspirations. Starting with the basics of cheerleading, to excelling and learning new skills with our friendly and knowledgeable coaches.**
- **Be assured that your children will be engaged in a sport that feeds their spirit, teaches appreciation and shows them the value of commitment and personal greatness.**
- **Being a Shark means being a part of a supportive and inclusive family that truly lifts you higher. We cannot wait to welcome you into our Shark family.**

**Young athletes with big dreams go far in life!  
Welcome to the Shark family.**

# Recreational Programs

Programs are offered in Fall, Winter and Spring.

## Cheer 101

Age: 3 Years / Length: Once a week for 60 Minutes

Cheer 101 is an entry level class specifically designed to cater to the learning styles of three year olds. The athletes will learn the basics of cheerleading and build strength, coordination, flexibility and balance in a fun environment with knowledgeable coaches. Athletes will be introduced to; stunting, tumbling, jumps and dance in a team setting which is great for developing social skills. In preparation for the next level; Cheer 201, each athlete will be assessed at the end of each session. We cannot wait to welcome you to a session of unforgettable memories.

## Cheer 201

Age: 4 & 5 Years / Length: Once a week for 60 Minutes

Athletes can enter our Cheer 201 program without any previous cheerleading experience or continue from our Cheer 101 program. In Cheer 201 athletes begin to master the basics of cheerleading, and focus on achieving more challenging skills. Athletes will practice the core foundation of what makes up cheerleading; stunting, tumbling, jumps and dance. Athletes will continue to excel on their strength, coordination, flexibility and balance. Each athlete will be assessed at the end of each session to prepare them for our future cheerleading programs. We cannot wait to welcome you to a session of further development & fun.

## Cheer 301

Age: 6 - 8 Years / Length: Once a week for 90 Minutes

Cheer 301 is the best of both worlds. It is a great beginner program for those who have never tried cheerleading before. For the athletes coming from Cheer 101 and/or Cheer 201 we will continue to work on a variety of difficult skills, and explore new elements of the sport. Athletes will work on all aspects of the sport; stunting, tumbling, jumps and dance. Throughout the 90 minutes each athlete will continue improve on their strength, coordination, flexibility and balance. We cannot wait to welcome you to a session of remarkable growth. At this level, coaches will begin to focus on the criteria outlined by the USASF.

## Cheer 401

Age: 9 - 12 Years / Length: Once a week for 90 Minutes

Cheer 401 expands on the foundation built in our Cheer 301 program, focusing on keeping athletes engaged and active in a fun non-competitive environment. As athletes progress, they are able to execute more complex skills. Athletes will continue to master the fundamentals of cheerleading; stunting, tumbling, jumps and dance, and continue to develop their strength, coordination, flexibility and balance We cannot wait to welcome you to a session full of success & personal achievements.



\*Applicable taxes will apply

# Fall Schedule

Choose the day / time best suited for you!

<b>Cambridge:</b> Gym closure week of October 6 <sup>th</sup> - 9 <sup>th</sup> , October 31 <sup>st</sup> Assesment Week: Week of November 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>		
<b>Program</b>	<b>Week of Sept. 18<sup>th</sup> until week of Dec. 4<sup>th</sup></b>	<b>Price</b>
Cheer 101	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$219.00 Thurs: \$239.00 Fri: \$219.00
Cheer 201	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$219.00 Thurs: \$239.00 Fri: \$219.00
Cheer 301	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$274.00 Thurs: \$299.00 Fri: \$274.00
Cheer 401	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$274.00 Thurs: \$299.00 Fri: \$274.00
<b>Ancaster:</b> Gym closure week of October 6 <sup>th</sup> - 9 <sup>th</sup> , October 31 <sup>st</sup> , November 4 <sup>th</sup> Assesment week: Week of November 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>		
<b>Program</b>	<b>Week of Sept. 18<sup>th</sup> until week of Dec. 4<sup>th</sup></b>	<b>Price</b>
Cheer 101	Monday 6:15PM / Saturday 2:30PM	Monday: \$219.00 Saturday: \$199.00
Cheer 201	Monday 6:15PM / Saturday 2:30PM	Monday: \$219.00 Saturday: \$199.00
Cheer 301	Monday 6:15PM / Saturday 2:30PM	Monday: \$274.00 Saturday: \$249.00
Cheer 401	Monday 6:15PM / Saturday 2:30PM	Monday: \$274.00 Saturday: \$249.00
<b>Ottawa:</b> Gym closure week of October 6 <sup>th</sup> - 9 <sup>th</sup> , October 31 <sup>st</sup> Assesment Week: Week of November 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>		
<b>Program</b>	<b>Week of Sept. 18<sup>th</sup> until week of Dec. 4<sup>th</sup></b>	<b>Price</b>
Cheer <sup>(all ages)</sup> 101 - 401	Monday 5:30PM	\$274.00
Cheer 101	Saturday 10:00AM	\$199.00
Cheer 201	Saturday 10:00AM	\$199.00
Cheer 301	Saturday 11:00AM	\$249.00
Cheer 401	Saturday 11:00AM	\$249.00
<b>Milton:</b> Gym closure week of October 6 <sup>th</sup> - 9 <sup>th</sup> , October 31 <sup>st</sup> Assesment Week: Week of November 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>		
<b>Program</b>	<b>Week of Sept. 18<sup>th</sup> until week of Dec. 4<sup>th</sup></b>	<b>Price</b>
Cheer 101	Monday 6:00PM / Sunday 1:00PM	Monday: \$219.00 Sunday: \$219.00
Cheer 201	Monday 6:00PM / Sunday 1:00PM	Monday: \$219.00 Sunday: \$219.00
Cheer 301	Monday 6:00PM / Sunday 1:00PM	Monday: \$274.00 Sunday: \$274.00
Cheer 401	Monday 6:00PM / Sunday 1:00PM	Monday: \$274.00 Sunday: \$274.00

\*Applicable taxes will apply

# Winter Schedule

Choose the day / time best suited for you!

**Cambridge:** Gym Closures week of: February 19<sup>th</sup>, March 12<sup>th</sup>-18<sup>th</sup>, March 30<sup>th</sup> to April 1<sup>st</sup>  
Assesment week: Week of March 5<sup>th</sup>, March 19<sup>th</sup>, March 26<sup>th</sup>

Program	Week of Jan. 15 <sup>th</sup> until week of April. 9 <sup>th</sup>	Price
Cheer 101	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$219.00 Thurs: \$219.00 Fri: \$199.00
Cheer 201	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$219.00 Thurs: \$219.00 Fri: \$199.00
Cheer 301	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$274.00 Thurs: \$274.00 Fri: \$249.00
Cheer 401	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$274.00 Thurs: \$274.00 Fri: \$249.00

**Ancaster:** Gym Closures week of: January 27<sup>th</sup>, February 17<sup>th</sup>, April 7<sup>th</sup>  
Assesment week: Week of March 5<sup>th</sup>, March 19<sup>th</sup>, March 26<sup>th</sup>

Program	Week of Jan. 15 <sup>th</sup> until week of April. 9 <sup>th</sup>	Price
Cheer 101	Monday 6:15PM / Saturday 2:30PM	Monday: \$179.00 Saturday: \$139.00
Cheer 201	Monday 6:15PM / Saturday 2:30PM	Monday: \$179.00 Saturday: \$139.00
Cheer 301	Monday 6:15PM / Saturday 2:30PM	Monday: \$224.00 Saturday: \$174.00
Cheer 401	Monday 6:15PM / Saturday 2:30PM	Monday: \$224.00 Saturday: \$174.00

**Ottawa:** Gym Closures week of: February 19<sup>th</sup>, March 12<sup>th</sup>-18<sup>th</sup>, March 30<sup>th</sup> to April 1<sup>st</sup>  
Assesment week: Week of March 5<sup>th</sup>, March 19<sup>th</sup>, March 26<sup>th</sup>

Program	Week of Jan. 15 <sup>th</sup> until week of April. 9 <sup>th</sup>	Price
Cheer <sup>(all ages)</sup> 101 - 401	Monday 5:30PM	\$249.00
Cheer 101	Saturday 10:00AM	\$199.00
Cheer 201	Saturday 10:00AM	\$199.00
Cheer 301	Saturday 11:00AM	\$249.00
Cheer 401	Saturday 11:00AM	\$249.00

**Milton:** Gym Closures week of: February 19<sup>th</sup>, March 12<sup>th</sup>-18<sup>th</sup>, March 30<sup>th</sup> to April 1<sup>st</sup>  
Assesment week: Week of March 5<sup>th</sup>, March 19<sup>th</sup>, March 26<sup>th</sup>

Program	Week of Jan. 15 <sup>th</sup> until week of April. 9 <sup>th</sup>	Price
Cheer 101	Monday 6:00PM / Sunday 1:00PM	Monday: \$199.00 Sunday: \$179.00
Cheer 201	Monday 6:00PM / Sunday 1:00PM	Monday: \$199.00 Sunday: \$179.00
Cheer 301	Monday 6:00PM / Sunday 1:00PM	Monday: \$249.00 Sunday: \$224.00
Cheer 401	Monday 6:00PM / Sunday 1:00PM	Monday: \$249.00 Sunday: \$224.00

# Spring Schedule

Choose the day / time best suited for you!

## Cambridge: First week of Class: April 16<sup>th</sup> to week of May 7<sup>th</sup> No Assessments and No Gym Closures

Program	Date & Time	Price
Cheer 101	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$79.00 Thurs: \$79.00 Fri: \$79.00
Cheer 201	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$79.00 Thurs: \$79.00 Fri: \$79.00
Cheer 301	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$99.00 Thurs: \$99.00 Fri: \$99.00
Cheer 401	Tues. 5:30PM / Thurs. 6:15PM / Fri. 5:30PM	Tues: \$99.00 Thurs: \$99.00 Fri: \$99.00

## Ancaster: First week of Class: April 16<sup>th</sup> to week of May 7<sup>th</sup> No Assessments and No Gym Closures

Program	Date & Time	Price
Cheer 101	Monday 6:15PM / Saturday 2:30PM	Monday: \$79.00 Saturday: \$79.00
Cheer 201	Monday 6:15PM / Saturday 2:30PM	Monday: \$79.00 Saturday: \$79.00
Cheer 301	Monday 6:15PM / Saturday 2:30PM	Monday: \$99.00 Saturday: \$99.00
Cheer 401	Monday 6:15PM / Saturday 2:30PM	Monday: \$99.00 Saturday: \$99.00

## Ottawa: First week of Class: April 16<sup>th</sup> to week of May 7<sup>th</sup> No Assessments and No Gym Closures

Program	Date & Time	Price
Cheer <sup>(all ages)</sup> 101 - 401	Monday 5:30PM	\$99.00
Cheer 101	Saturday 10:00AM	\$79.00
Cheer 201	Saturday 10:00AM	\$79.00
Cheer 301	Saturday 11:00AM	\$99.00
Cheer 401	Saturday 11:00AM	\$99.00

## Milton: First week of Class: April 16<sup>th</sup> to week of May 7<sup>th</sup> No Assessments and No Gym Closures

Program	Date & Time	Price
Cheer 101	Monday 6:00PM / Sunday 1:00PM	Monday: \$79.00 Sunday: \$79.00
Cheer 201	Monday 6:00PM / Sunday 1:00PM	Monday: \$79.00 Sunday: \$79.00
Cheer 301	Monday 6:00PM / Sunday 1:00PM	Monday: \$99.00 Sunday: \$99.00
Cheer 401	Monday 6:00PM / Sunday 1:00PM	Monday: \$99.00 Sunday: \$99.00

**Prorated Fees** \$ 20.00 + HST – for Cheer 101 & 201 (per week / class)  
\$ 25.00 + HST – for Cheer All Ages / 301 & 401 (per week / class)

# Half Year Prep Program

Length: Once a week for 90 Minutes

Our Half Year Prep Team program is our reasonably priced option to get involved in all-star cheerleading. Our Prep team runs from January until April, so it is not your typical full year commitment of a competitive sport. Our Prep team practices once a week for 90 minutes, learning all the elements of the sport; jumps, tumbling, choreography and stunting. The team will perform their routine at the end of the year end showcase.

Cambridge		Ancaster	
Date & Time	Price	Date & Time	Price
Friday: 5:30pm Sunday: 10:00am	\$500.00 + HST	Saturday: 3:30pm	\$500.00 + HST

Ottawa		Milton	
Date & Time	Price	Date & Time	Price
Wednesday: 5:30pm	\$500.00 + HST	Saturday: 1:30pm	\$500.00 + HST

Location	Age Groups	Performance Schedule
Cambridge	4 – 8 Years 9 – 14 Years	Sharks Year End Showcase April 20 <sup>th</sup> , at the Cambridge Gym Location
Ancaster	6 – 11 Years	Sharks Year End Showcase April 20 <sup>th</sup> , at the Cambridge Gym Location
Milton	6 – 11 Years	Sharks Year End Showcase April 20 <sup>th</sup> , at the Cambridge Gym Location
Ottawa	6 – 11 Years	Sharks Year End Showcase, April 14 <sup>th</sup> , at the Ottawa Gym Location

## GYM CLOSURES & IMPORTANT DATES Half Year (January – December)

<b>January 15<sup>th</sup> – 21<sup>st</sup></b> <b>March 12<sup>th</sup> – 18<sup>th</sup></b> <b>March 30<sup>th</sup> – April 1<sup>st</sup></b> <b>April 7<sup>th</sup> – 8<sup>th</sup></b> <b>April 16<sup>th</sup> – 20<sup>nd</sup></b>	<b>First Week of Classes</b> <b>Gym Closure – March Break (Classes run from the 9<sup>th</sup> – 11<sup>th</sup>)</b> <b>Gym Closure – Easter</b> <b>Gym Closure – Nationals (Ancaster / Milton)</b> <b>Last Week of Classes</b>
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# Flight School

Programs are offered in 4 sessions.

Length: Once a week for 90 Minutes

When looking at a stunt group a flyer is someone that is lifted up into the air. Someone who has very good body control and great flexibility. They should love to perform and show confidence in the air. Flight School is open to anyone; current flyers, or to anyone that has a passion to give it a try. Our Flight School program is open to all ages & levels of athletes. The program is structured for flyers to work on their flexibility, strength training and master the appropriate stunts to help them achieve success in the air throughout the season. Our flyers spend 30 minutes working on flexibility & strength training, and 60 minutes working with an experienced stunt group.

Session 1, 2, 3 and 4 run at the same day and time for the entire year. See page 10 for all start and end dates as well as gym closure dates.

## Cambridge

Date & Time	Price
Tuesday: 5:30pm	\$160. <sup>00</sup> + HST
Thursday: 5:45pm	\$160. <sup>00</sup> + HST

## Ancaster

Date & Time	Price
Tuesday: 6:00pm	\$160. <sup>00</sup> + HST
Saturday: 12:30pm	\$133. <sup>00</sup> + HST

## Ottawa

Date & Time	Price
Wednesday: 6:30pm	\$160. <sup>00</sup> + HST

## Milton

Date & Time	Price
Tuesday: 5:30pm	\$160. <sup>00</sup> + HST
Sunday: 1:00pm	\$133. <sup>00</sup> + HST



# Gym Closures & Important Dates

## Session #1 Flight School

<b>September 18<sup>th</sup> - 24<sup>th</sup></b> <b>October 6<sup>th</sup> - 9<sup>th</sup></b> <b>October 23<sup>rd</sup> - 29<sup>th</sup></b>	<b>First week of Classes</b> <b>Gym Closure - Thanksgiving</b> <b>Last Week of Classes</b>
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## Session #2 Flight School

<b>November 6<sup>th</sup> - 12<sup>th</sup></b> <b>December 2<sup>nd</sup> - 3<sup>rd</sup></b> <b>December 11<sup>th</sup> - 17<sup>th</sup></b>	<b>First Week of Classes</b> <b>Gym Closure - Cheer for the Cure</b> <b>Last Week of Classes</b>
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## Session #3 Flight School

<b>January 15<sup>th</sup> - 21<sup>st</sup></b> <b>Saturday, January 27<sup>th</sup></b> <b>Sunday, January 28<sup>th</sup></b> <b>Saturday, February 10<sup>th</sup></b> <b>February 17<sup>th</sup> - 18<sup>th</sup></b> <b>Monday, February 19<sup>th</sup></b> <b>February 19<sup>th</sup> - 26<sup>th</sup></b>	<b>First Week of Classes</b> <b>Gym Closure - Winterfest</b> <b>Gym Closure - Love to Cheer</b> <b>Gym Closure - Jamfest</b> <b>Gym Closure - Provincials</b> <b>Gym Closure - Family Day</b> <b>Last Week of Classes</b>
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## Session #4 Flight School

<b>March 19<sup>th</sup> - 25<sup>th</sup></b> <b>March 22<sup>nd</sup> - 25<sup>th</sup></b>  <b>March 30<sup>th</sup> - April 1<sup>st</sup></b>  <b>April 6<sup>th</sup> - 8<sup>th</sup></b> <b>April 23<sup>rd</sup> - 29<sup>th</sup></b>	<b>First Week of Classes</b> <b>Gym Closure - Myrtle Beach</b> <b>(Cambridge &amp; Ancaster)</b> <b>Gym Closure - Easter</b> <b>(Classes run on the Monday)</b> <b>Gym Closure - Nationals</b> <b>Last Week of Classes</b>
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## Prorated Fees

Flight School	\$ 27. <sup>00</sup> + HST (per week / class)
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# Recreational Camps

## PD Day Rec Camp

Age: 4 – 12 years / Length: 9:00AM – 4:00PM

Our PD Day Camps are the perfect mix of learning and fun. Our camps combine outdoor adventure, games with arts & crafts and learning the fundamentals of cheerleading with our experienced and energetic coaches. For your drop-off and pick-up convenience, we provide FREE before and after care. Drop-off as early as 8:00AM, and pick-up as late as 5:00PM. Included in our price we serve lunch; a slice of pizza, fresh fruit and juice. We suggest you pack two healthy snacks; one for the morning and one for the afternoon.

## PD Day Camp Schedule

### Cambridge

Date & Time	Price
Friday, September 22 <sup>nd</sup>	\$ 45.00 + HST
Friday, November 17 <sup>th</sup>	\$ 45.00 + HST
Friday, January 26 <sup>th</sup>	\$ 45.00 + HST
Friday, May 4 <sup>th</sup>	\$ 45.00 + HST

### Ancaster

Date & Time	Price
Friday, September 22 <sup>nd</sup>	\$ 45.00 + HST
Friday, November 3 <sup>rd</sup>	\$ 45.00 + HST
Friday, January 26 <sup>th</sup>	\$ 45.00 + HST
Friday, May 2 <sup>nd</sup>	\$ 45.00 + HST

### Ottawa

Date & Time	Price
Friday, November 24 <sup>th</sup>	\$ 45.00 + HST
Friday, January 26 <sup>th</sup>	\$ 45.00 + HST

### Milton

Date & Time	Price
Friday, November 24 <sup>th</sup>	\$ 45.00 + HST
Friday, February 2 <sup>nd</sup>	\$ 45.00 + HST

# Recreational Camps

## Winter Break Rec Camp / March Break Rec Camp

Age: 4 - 12 years / Length: 9:00AM - 4:00PM

Our Winter Break Camp and March Break Camp are the perfect combination of learning and fun. Our week long camps combine outdoor adventure, games with arts & crafts and learning the core principles of cheerleading; jumping, stunting, tumbling and dance with our knowledgeable and caring coaches. For your drop-off and pick-up convenience, we provide FREE before and after care. Drop-off as early as 8:00 am, and pick-up as late as 5:00 pm. There are two morning snacks and a lunch each day, that parents are to provide. Included in our price we serve a pizza Friday lunch; a slice of pizza, fresh fruit and juice. On Friday, we suggest you pack two healthy snacks; one for the morning and one for the afternoon.

## Winter Break Camp Schedule

### Cambridge / Ancaster / Ottawa / Milton

Date & Time	Price
Tuesday, January 2 <sup>nd</sup> - Friday, January 5 <sup>th</sup>	\$ 156.00 + HST
Single Day Drop In	\$ 45.00 + HST

## March Break Camp Schedule

### Cambridge / Ancaster / Ottawa / Milton

Date & Time	Price
Monday, March 12 <sup>th</sup> - Friday, March 16 <sup>th</sup>	\$ 195.00 + HST
Single Day Drop In	\$ 45.00 + HST



# Tumbling Camps

## Future Stars Tumbling Camp

(Cambridge only)

Level: 1, 2 and beginner level 3 / Length: 9:00AM – 12:30PM

Future Stars Camp is our tumbling skills camp. It is open to any level 1 – 2 athlete & beginner level 3. Future Stars is open to any Cheer Sport Shark athlete, or any non Shark athlete. Future Stars is best suited for an athlete who has a passion for tumbling and would like to further develop new skills, and/or master a current skill. Throughout the camp our athletes will work on coordination, strength training, drills, running tumbling & standing tumbling.

## Elite Tumbling Camp

(Cambridge only)

Level: High level 3 & 4 – 5 / Length: 1:30PM – 5:00PM

Elite Camp is our intensive tumbling camp focused on high level 3 skills & 4 – 5 skills. Athletes entering into our Elite Camp must have a confident round off back handspring back tuck on the floor without spot. Elite Camp is perfect for any athlete that would like to push their limits and achieve new skills. Throughout the camp our athletes will work on coordination, strength training, drills, running tumbling & standing tumbling.

## Next Level Tumbling Camp

(Ancaster, Ottawa & Milton)

Level: 1 – 5 / Length: 9:00AM – 12:30PM

Next Level Camp is our tumbling skills camp open to any leveled athlete 1 – 5. Our Next Level Tumbling Camp allows athletes to master and perfect any current skills, or gain new skills. Next Level is perfect for any athlete that would like to challenge themselves and gain new skills. Throughout the camp our athletes will work on coordination, strength training, drills, running tumbling & standing tumbling.

## Winter Break Camp Cambridge / Ancaster / Ottawa / Milton

Date & Time	Price
Wednesday, December 27 <sup>th</sup> – Friday, December 29 <sup>th</sup>	\$ 120. <sup>00</sup> + HST
Single Day Drop In	\$ 45. <sup>00</sup> + HST

## March Break Camp Cambridge / Ancaster / Ottawa / Milton

Date & Time	Price
Monday, March 12 <sup>th</sup> – Friday, March 16 <sup>th</sup>	\$ 200. <sup>00</sup> + HST
Single Day Drop In	\$ 45. <sup>00</sup> + HST


# How to Register

## Follow these following steps to enroll in any of our programs:

**Step 1:** Visit our website - [www.cheersportsharks.com](http://www.cheersportsharks.com) - click the button that says "Register Now" button. That will bring you to our Amilia store.

**Step 2:** Click the button along the top that says "Login". You will then have the option to create a new account or login to an existing account.

**Step 3:** Once logged in, you will want to click the Registration tab along the top to enroll your athlete into a program. You will be able to find the different Recreational options here - Recreational Cheer Programs, Flight School, PD Day Camps, Winter Camps, March Break Camps, Half Year Prep. These have been set up by location in order to make this process easier for you.

**Step 4:** Once you have clicked on the program you would like to register for. Find the specific class you would like to register for and click on this icon  to select the correct participants to register (ensure it is the athlete, and not yourself). You will then need to follow the prompts to complete your registration.

## Contact Us

Phone: 1-888-25-CHEER (519) 653-1221 Email: [dana@cheersportsharks.com](mailto:dana@cheersportsharks.com).

## Office Hours

Monday	5:00PM - 8:00PM
Tuesday	5:00PM - 8:00PM
Wednesday	5:00PM - 8:00PM
Thursday	5:00PM - 8:00PM
Friday	CLOSED
Saturday	10:00AM - 4:00PM
Sunday	10:00AM - 4:00PM



## Location Details

Cambridge	Ancaster	Ottawa	Milton
600 Boxwood Drive Cambridge, ON N3E 1A5	1377 Cormorant Rd. Unit 104 Ancaster, ON L9G 4V5	109 Iber Road Stittsville, ON K2S 1E7	28 Bronte Street South Milton, L9T 3V8